

2024 Annual Report



Con Alma
Health Foundation

Con Alma Health Foundation's mission is to understand and respond to the health rights and needs of the diverse communities of New Mexico and to advocate for policies and strategies that advance health equity.

A Message from Leadership

Dear Friends,

Guided by our mission to advance the health rights and needs of New Mexico's diverse communities, Con Alma Health Foundation focused on three strategic goals: impacting health policy, serving as a resource to nonprofits and communities, and strengthening CAHF's capacity to carry out our work.

Our efforts on lifting rural, tribal, and frontier communities was demonstrated by awarding a special [rural communities grant](#) to select organizations focused on improving the health and wellbeing in those areas. Our grants reached 23 counties and tribal communities amplifying the voices and priorities of families who are too often marginalized.

The Board of Trustees approved \$1.8M to be used for multi-year grants focusing on long-term changes in policy, advocacy and capacity building. An investment of \$1.65M was made

in our endowment to ensure sustainability and expand our annual grant awards.

For the past 16 years, we have recognized outstanding individuals from across New Mexico whose work has advanced health in their communities and honored them as a [Hero of Health](#). This year, we celebrated Dr. Anjali Taneji and youth Hero Sophia Weatherly, whose vision and commitment serve as a remind that we can all contribute to a better New Mexico.

Our journey has included exciting transitions, including welcoming a new Executive Director, and saying goodbye to tenured Board of Trustees and welcoming new ones. Through these changes, one thing remains constant: the dedication of CAHF staff, our Board of Trustees, grantee partners, and community allies is appreciated. Together, we continue to move forward with a commitment to building healthier, more equitable communities across New Mexico.

In Health,



A handwritten signature in black ink, reading "Nathan M. Padilla".

Nathan Padilla
Chair, Board of Trustees



A handwritten signature in black ink, reading "Linda Candelaria".

Linda Candelaria
Executive Director

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“Thank you to our Board of Trustees, Community Reviewers, Staff and Volunteers for their steadfast commitment to the mission of Con Alma Health Foundation. Your leadership ensures that community voices are heard and are at the forefront of our work..” **Nathan Padilla, Board of Trustees President**

Grants

Con Alma Health Foundation provides grants to eligible nonprofits working to improve health and advance health equity for people who live in New Mexico.

Our work ensures that New Mexico's diverse communities, especially in frontier, rural and Tribal Lands, have fair opportunities to lead healthy lives.

\$810,000

Con Alma Health Foundation Grants

30 grants, totaling \$810,000

Advancing long-term change prioritizing Access, Culturally Appropriate Services, Evaluation/Research, Health Promotion, Policy Change and Workforce Development.

- 100% Taos County Initiative
- Albuquerque Sign Language Academy
- American Lung Association of New Mexico
- Brighter Bites
- Cancer Services of New Mexico
- Cavern City Child Advocacy Center
- Chaves County Casa Program
- Chronic Disease Prevention Council
- Collins Lake Autism Center
- Esperanza Shelter, Inc.
- Food Bank of Eastern New Mexico
- Food Depot

- Fundamental Needs, Inc
- Gathering Place
- Healthy Native Communities Partnership, Inc.
- Jardin de los Niños
- La Plaza De Encuentro
- Lions Club Of Taos, Inc
- Mandys Special Farm
- National Latino Behavioral Health Association
- New Mexico Environmental Law Center
- New Mexico Immigrant Law Center
- New Mexico Ramp Project

- New Mexico State University College of Health and Social Services
- New Mexico Voices for Children
- Northern New Mexico College Foundation
- Solace Crisis Treatment Center
- St. Luke's Health Care Clinic dba
- Amador Health Center
- The Family YMCA
- Valencia Shelter for Victims of Domestic Violence
- Zuni Youth Enrichment Project

\$150,000

Northern New Mexico Health Grants Group (NNMHGG)

8 grants, totaling \$150,000

Focusing on the unmet healthcare needs of the people of Los Alamos, Rio Arriba, and northern Santa Fe counties. The NNMHGG is a partnership between the Con Alma Health Foundation and the Los Alamos Medical Center Hospital Auxiliary.

- Food Depot
- Las Cumbres Community Services
- Mesa to Mesa
- New Mexico Center on Law and Poverty

- Northern New Mexico College Foundation
- Presbyterian Healthcare Foundation
- Santa Fe Recovery Center

- Scotts House

Condensed Statement of Financial Position as of December 31, 2024

Assets	
Current and other assets	\$ 4,393,987
Investments	\$ 28,626,798
Property and equipment	\$ 546,275
Total assets	\$ 33,567,060

Liabilities and Net Assets	
Current liabilities (Inclusive of \$295,000 grants payable)	\$ 357,194
Net assets	\$ 33,209,866
Total assets	33,567,060

Condensed Statement of Activites as of December 31, 2024

Revenues	
Grants	\$ -
Contributions	\$ 34,720
Investment Income (loss)	\$ 3,111,640
Total revenues	\$ 3,146,360

Expenses	
Grants and Programs	\$1,604,875
General and Administrative	\$ 277,384
Fundraising	\$ 9,435
Total assets	\$ 1,891,694

2024 Heroes of Health

About Heroes of Health

Each year, Con Alma Health Foundation, honors an unsung hero within New Mexico that is dedicated to improving health. We recognize an individual whose actions advance health equity, reduce disparities, drive meaningful change, and uplift community voices. Con Alma makes a donation in honor of the Hero of Health to New Mexico nonprofit of their choice.

Dr. Anjali Taneja of Albuquerque and Sophia Weatherly of Taos, are two leaders shaping the future of health in New Mexico.

Dr. Anjali Taneja has spent nearly a decade at Casa de Salud in Albuquerque's South Valley, where she combines Western medicine with traditional healing to deliver equitable, culturally attuned care. She champions health justice, addressing both illness and the social conditions that affect wellness.

Sophia Weatherly, just 18, is already a health advocate and leader with Rocky Mountain Youth Corps. She supports students at Taos High School through Public Health AmeriCorps, focusing on prevention, education, and youth empowerment.



DR. ANJALI TANEJA

Together, Dr. Taneja and Sophia embody Con Alma's mission to advance health equity and resilience. Their work shows the power of community, innovation, and advocacy in building a healthier New Mexico.



SOPHIA WEATHERLY

"Dr. Taneja and Sophia are shining examples of what it means to truly care for their communities," said Executive Director Linda Candelaria. "Their passion and dedication to improving the lives of others are exactly why they were chosen."

Our People

2024 Board of Trustees

Nathan Padilla, President, Roswell

Terri Tewart, Vice-President, Santa Fe

Robert Apodaca, Secretary, Corrales

Chris Chavez, Albuquerque

Rainey Enjady, Mescalero Apache Nation

Ophelia Hudson, Navajo Nation

Lori Martinez, Las Cruces

Lorrina Segovia, Roswell

Susie Trujillo, Silver City

Bea Vallo, Pueblo of Isleta

Johannah Yazzie, Albuquerque

Staff

Linda Candelaria, Executive Director

Amy Donafrio, Associate Director

Cecile LaBore, Information Manager

Dennis McCutcheon, Program Officer

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Con Alma Health Foundation is a member of:

**Council on Foundations
Fundors for LGBTQ Issues
Grantmakers in Health
Groundworks New Mexico
Hispanics in Philanthropy
New Mexico Asset Funders Network
New Mexico Public Health Association
U.S.–Mexico Border Philanthropy**