# 20 YEARS 0F ADVANCING HEALTH EQUITY IN NEW MEXICO

**2021 ANNUAL REPORT** 







conalma.org

# CELEBRATING 20 YEARS OF ADVANCING HEALTH EQUITY IN NEW MEXICO

#### **2021 ANNUAL REPORT**

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"As we celebrated our 20th year anniversary, our philanthropic reach expanded as we continued to leverage local and national resources to advance health equity statewide."

-Denise E. Herrera, PhD, MCHES Executive Director, Con Alma Health Foundation

#### FROM THE **EXECUTIVE DIRECTOR** & BOARD PRESIDENT

It is with humility and gratitude that we share some of the accomplishments of Con Alma Health Foundation and our partners. As we celebrated our 20th year anniversary, our philanthropic reach expanded as we continued to leverage local and national resources to advance health equity statewide.

#### A few 2021 highlights include:

- We selected 6 Heroes of Health who have demonstrated exceptional leadership and helped their communities thrive and successfully navigate challenging times in recent years.
- Con Alma was one of thirteen foundations in the U.S. invited to participate in the Local and Regional Foundations Initiative Learning Intensive supported by Robert Wood Johnson Foundation, with the aim to advance racial equity through our philanthropic practices.
- We awarded more than \$1 million in grants to support communities in New Mexico disproportionately affected by the pandemic.
- With support from the W.K. Kellogg Foundation, we awarded 27 grants to promote the equitable allocation, distribution, delivery, and access to Covid-19 vaccines and another 16 grants focused on the community rebuild and healing efforts.

We proudly partnered with local funders on the Native American Recovery Fund Zone Grant-which aims to support Native led organizations to address Covid-19 recovery efforts in New Mexico's Native American communities in the following areas: family economic security, local health systems, opportunity youth, and water resilience.

We look to the future with optimism-as we develop a new strategic plan, renew our promise to advance health equity for all New Mexicans, and be part of the long-term solutions and systemic change strategies necessary for communities to thrive. We extend our sincere gratitude to our Board of Trustees, Community Advisory Committee, staff, and our funding and community partners. Your unwavering dedication to champion public health and community well-being is inspiring.



Denice & Hours

Denise E. Herrera, PhD, MCHES Executive Director,

Foundation

Con Alma Health



Trish Ruiz President, Board of



#### **OUR HISTORY**

In 2001, policy makers and health-consumer advocates collaborated to establish Con Alma Health Foundation as the best way to invest more than \$20 million from the sale of Blue Cross Blue Shield of New Mexico. State law required that its assets be set aside for a nonprofit dedicated to health in New Mexico.

A year later the nonprofit Banner Health Systems sold Los Alamos Medical Center to a for-profit corporation, creating a fund from some of the proceeds to serve the healthcare needs of people living in Los Alamos, Rio Arriba, and northern Santa Fe counties. We partner with the Hospital Auxiliary of the Los Alamos Medical Center as the Northern New Mexico Health Grants Group (NNMHGG) to award annual grants from the fund.



For 20 years, we have followed our collaborative roots-investing more than \$17 million in nonprofits improving health in New Mexico and bringing people together to work toward health equity.

#### **2021 HERO OF HEALTH**

#### Melissa McCue

Every year we recognize an individual who has made extraordinary contributions to the health of their communities. Fellow New Mexicans nominate heroes who work across the state in a variety of ways including healthcare providers, volunteers, policy makers, and advocacy.

Melissa McCue, Executive Director of Mandy's Farm, was selected as the 2021 Hero of Health. Mandy's Farm located in Albuquerque serves 170 individuals with developmental disabilities each month.

Melissa believes that bringing awareness to the value of direct support professionals is essential. Once the Covid-19 crisis began, McCue ensured coverage of staff's healthcare premiums for several months and provided retention wages for furloughed employees and temporary pay raises for essential employees working in the homes of adults who have disabilities. In addition, she advocated for higher wages with funders, community members, and the Board of Directors, resulting in permanent wage increases for staff.

"We must continue to work for a living and thriving wage, an equitable career pathway and recognition of the work of our valued direct support professionals in our New Mexican communities," McCue said. "They provide an essential lifeline to the health and safety and meaningful community engagement to individuals with disabilities."

Con Alma donated \$1,000 to Mandy's Farm on McCue's behalf.



### In honor of Con Alma's 20th Anniversary in 2021, we honored five additional leaders:

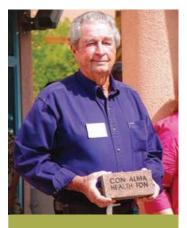
Tina Cordova of Albuquerque, Pastor John Graydanus of Shiprock, Guadalupe Lugo of Vado, Shelley Mann-Lev of Albuquerque, and Duane Chili Yazzie of Shiprock. Con Alma made a contribution to the nonprofit of their choosing.



"We must continue to work for a living and thriving wage, an equitable career pathway and recognition of the work of our valued direct support professionals in our New Mexican communities"

-Melissa McCue

# MILESTONES & SELECT INITIATIVES (2001-2021)



2001

Con Alma Health
Foundation founded
as a private foundation
focused solely on
improving health in
New Mexico



2007

Project DIVERSITY launched, a two-year nursing pipeline initiative to increase the number of ethnically diverse nurses in New Mexico



2013

Published "Native American Health Care Reform Guide: Implications of Health Care Reform for Native Americans in NM" to recognize the opportunities to strengthen Indian health systems

Northern New Mexico Health Grants Group (NNMHGG) established as a second grant-giving entity

2003



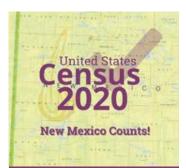
Published "Health Equity in New Mexico: A Roadmap for Grantmaking and Beyond," to guide our grantmaking and initiatives





#### 2016

Published "Achieving Equity in Health for Children and Families in NM," a guide for policymakers in New Mexico implementing the Affordable Care Act



#### 2019

In collaboration with 10 local foundations, advocated for an accurate Census 2020 count to ensure that our diverse populations were counted fairly and accurately - preserving federal funds for healthcare, education, and infrastructure



#### 2021

Awarded \$600,000 to ensure equitable distribution of Covid-19 vaccines and address the disproportionate impact the pandemic has had on certain populations in New Mexico

Completed Healthy
People Healthy
Places initiative,
promoting health
through equitable built
environment and food
access policy

#### 2015



Released
"Grandparents
Raising Grandchildren
in New Mexico:
Understanding the
Trend and Stemming
the Tide," a report with
recommendations
for curbing growth
and supporting
grandparents

#### 2018



Awarded \$1.6 million to New Mexico nonprofits serving populations critically affected by Covid-19

#### 2020



## COMMUNITY ADVISORY COMMITTEE REFLECTIONS





With almost four decades of combined service to Con Alma Health Foundation (CAHF), Jim Coates and Susie Trujillo shared reflections as Community Advisory Committee (CAC) members

As a founding Con Alma Health Foundation (CAHF) trustee once said, "the CAC is the conscience of Con Alma." The mission of the CAC is to: provide advice and recommendations to the Board of Trustees concerning the performance of the Foundation in meeting its Charitable Purpose and Mission, and identify and understand the health needs of all New Mexicans.

The CAC has included outspoken members of the Grant Making Committee, which includes CAC and Board members, advocating policies and protocols to assure equity in diversity and regional funding. To bring recognition of Con Alma to more New Mexican communities and the health needs of those communities into clearer focus, the CAC regularly requested broader coverage of CAHF staff and activities throughout the state, outside the typical Santa Fe/Albuquerque locus. And the CAC has been instrumental in conducting site visits as a way to build relationships and better understand the Foundation's community partners.

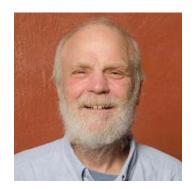
The value of the CAC lies in its members' knowledge of our communities and awareness of the network of health-related non-profits and providers. Their recognition of the vast inequities within communities and among individuals and their zeal to effect necessary changes are CAC members' most important attributes.

From geographic, cultural, and political differences, with individual demographic, racial, ethnic, gender, age, urban, or rural backgrounds, each CAC member brings a lifetime of experiences to the table. Members gather not for contentious debate, but as knowledgeable voices of their diverse communities, all to help move the Foundation forward to meet its primary goal of improving the health of all New Mexicans.

Though we've long hoped it could, we realize Con Alma is a long way from moving any of the needles that address the state's overwhelming health needs. There are not enough resources to quickly end the root causes of the health inequities of our state. We can't buy our residents out of poverty or educate and train ourselves and our neighbors enough to finally eradicate prejudice and racism. We can't convene enough meetings to advocate for policies that will eliminate the inequalities currently inherent within the social determinants of health.

What we do believe though? The CAC is committed to continue to listen, understand, respect, and work together as one; to effectively utilize the strength of our communal power and accumulated resources; to strive together to fulfill the vision of the Foundation's founders.

#### Jim Coates and Susie Trujillo



Jim Coates, CAC Glenwood



Susie Trujillo, **CAC Silver City** 





#### CON ALMA **HEALTH FOUNDATION 2021 GRANTEES**

#### **2021 GENERAL OPERATING AND PROJECT GRANTS**

Supporting health systems strategies to address the needs of our diverse communities (13 grants, totaling \$242,500)

**Cavern City Child Advocacy Center** (\$20,000)

**Child Counseling Center and Play Therapy Institute of New Mexico** (\$15,000)

**Doña Ana Communities United** (\$20,000)

**Health Security for New Mexicans** <u>Campaign</u> (\$20,000)

La Plaza De Encuentro Gathering Place (\$20,000)

La Semilla Food Center (\$20,000)

**NACA Inspired Schools Network** (\$20,000)

**New Mexico Black Leadership Council** (\$20,000)

Pegasus Legal Services for Children (\$20,000)

Southwest Women's Law Center (\$20,000)

Think New Mexico (\$7,500)

**Tribal Adaptive Organization** (\$20,000)

**United Voices for Newcomer Rights** (\$20,000)

#### **2021 TECHNICAL ASSISTANCE GRANTS**

Strengthening the capacity of New Mexico's nonprofit sector (6 grants, totaling \$115,000)

**100% Otero** (\$20,000)

**CASA of Lea County** (\$20,000)

**Health Equity Alliance for LGBTQ New** Mexicans (\$15,000)

**Mandy's Farm** (\$20,000)

New Mexico Kids Matter Inc. (\$20,000)

**Zuni Youth Enrichment Project** (\$20,000)

#### **2021 NORTHERN NEW MEXICO HEALTH GRANTS GROUP GRANTS**

Promoting the health and wellness of the people of Los Alamos, Rio Arriba, and northern Santa Fe counties through a partnership between the Con Alma Health Foundation and the Hospital Auxiliary for Los Alamos Medical Center (14 grants, totaling \$150,000)

**Big Brothers Big Sisters Mountain Region** (\$10,000)

**Boys & Girls Clubs of Santa Fe/Del Norte** (\$10,000)

Child Counseling Center and Play Therapy **Institute of New Mexico** (\$15,000)

Family Strengths Network (\$8,000)

**Family YMCA** (\$7,500)

**Inside Out** (\$12,000)

**Las Cumbres Community Services** (\$12,000)

**Los Alamos Family Council** (\$12,000)

**Los Alamos Juvenile Justice Advisory Board** (\$7,500)

Mesa to Mesa (\$12,000)

National Latino Behavioral Health **Association** (\$10,000)

**New Mexico State University Foundation** (\$10,000)

Santa Fe Recovery Center (\$12,000)

University of New Mexico Institute for Social Research (\$12,000)

#### **VACCINE ROLLOUT (WKKF)**

Promoting the equitable allocation, distribution, delivery, and access to Covid-19 vaccines. (27 grants, totaling \$600,000)

**Battered Family Services** (\$25,000)

**Boys & Girls Clubs of Santa Fe/Del Norte** (\$25,000)

**Cavern City Child Advocacy Center** (\$25.000)

**Centro Savila** (\$25,000)

**Chainbreaker Collective** (\$25,000)

**El Calvario United Methodist Church** (\$25,000)

Friendship Club (\$10,000)

Health Action New Mexico (\$25,000)

**Health Equity Alliance for LGBTQ New Mexicans** (\$25,000)

Igbo Union of New Mexico, Inc (\$25,000)

Justice Access Support and Solutions for Health dba Casa de Salud (\$25,000)

La Familia Medical Center (\$25,000)

Mora Valley Community Health Services, Inc. (\$25,000)

**New Mexico Alliance of Health Councils** (\$10,000)

**New Mexico Association of Grantmakers** (\$25,000)

**New Mexico Black Leadership Council** (\$25,000)

**New Mexico Immigrant Law Center** (\$25,000)

**New Mexico Public Health Association** (\$25,000)

**New Mexico Social Justice Equity Institute** (\$25,000)

**New Mexico State University Foundation** (\$25,000)

**NMCAN** (\$10,000)

St. Luke's Health Care Clinic dba Amador **Health Center** (\$25,000)

**Success Institute of America** (\$10,000)

Taos Immigrant Allies (\$10,000)

The Human Body Shop (\$25,000)

**University of New Mexico College of Education & Human Sciences** (\$25,000)

Young Men's Christian Association of El Paso (\$25,000)

#### **COMMUNITY REBUILD (WKKF)**

Promoting the ongoing healing and community rebuild related to Covid-19. (16 grants, totaling \$1,204,100)

**Chainbreaker Collective** (\$50,000)

Española Public Schools (\$100,000)

**Generation Justice** (\$98,800)

**Health Action New Mexico** (\$100,000)

National Indian Youth Leadership **Development Project Inc** (\$50,000)

**New Mexico Black Leadership Council** (\$100,000)

**New Mexico Center on Law and Poverty** (\$75,000)

**New Mexico Immigrant Law Center** (\$100,000)

**NMCAN** (\$20,000)

**Rio Grande Alcoholism Treatment Program** (\$50,000)

Somos Un Pueblo Unido (\$100,000)

Taos County Economic Development **Corporation** (\$65,200)

The Counseling Center (\$100,000)

**Truchas Services Center Inc.** (\$10,000)

**United South Broadway Corporation** (\$87,000)

**United Way of Eastern New Mexico Inc.** (\$98,100)

#### **2021 FINANCIALS**

### Con Alma Health Foundation, Inc. Statement of Financial Position December 31, 2021

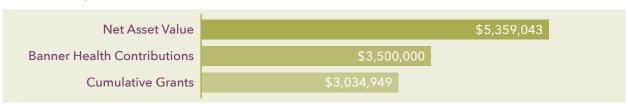
With Summarized Comparative Totals as of December 31, 2020

ASSETS	2021	2020
Current assets		
Cash and cash equivalents	\$ 1,814,942	\$ 1,546,435
Accrued federal excise tax	-	1,710
Investments, at fair value	2,057,117	1,500,000
Prepaid expenses	7,467	7,183
Total current assets	3,879,526	3,055,328
Noncurrent assets		
Investments, at fair value	28,784,664	24,969,325
Property and equipment, net	619,073	644,193
Total noncurrent assets	29,403,737	25,613,518
Total assets	\$ 33,283,263	\$ 28,668,846

LIABILITIES & NET ASSETS	2021	2020
Current liabilities		
Accounts payable	\$ 62,215	\$ 60,631
Grants payable	870,800	249,000
Accrued liabilities	53,132	66,434
Accrued federal excise tax	12,921	-
Total liabilities	999,068	376,065
Net assets		
Without donor restrictions	480,354	530,353
With donor restrictions	31,803,841	27,762,428
Total net assets	32,284,195	28,292,781
Total liabilities & net assets	\$ 33,283,263	\$ 28,668,846

#### **Grants From Inception-NNMHGG**

December 31, 2021

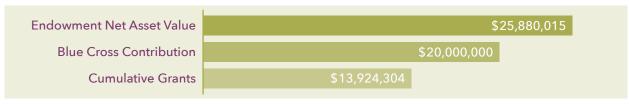


#### Con Alma Health Foundation, Inc. Statement of Activities For the Year Ended December 31, 2021

With Summarized Comparative Totals for the Year Ended December 31, 2020

	Without Donor Restrictions	With Donor Restrictions	2021 Total	2020 Total
Revenues and support				
Grants	\$ -	\$ 2,596,000	\$ 2,596,000	\$ 1,760,000
Contributions	-	170,000	170,000	10,000
Investment income, net	-	4,554,065	4,554,065	2,116,532
Other income	-	-	-	46
Net assets released from restrictions: Investment return appropriated and released for current operations from donor-restricted endowment and WKKF initiative match	3,278,652	(3,278,652)	-	-
Total revenues and support	3,278,652	4,041,413	7,320,065	3,886,578
Expenses				
Foundation healthcare programs	2,703,275	-	2,703,275	2,511,279
NNMHGG healthcare programs	215,110	-	215,110	212,518
General and administrative	320,186	-	320,186	280,373
Fundraising	12,726	-	12,726	11,801
NNMHGG general and administrative	57,553	-	57,553	50,412
Total expenses	33,08,850	-	3,308,850	3,066,383
Change in net assets before provision for excise taxes	(30,198)	4,041,413	4,011,215	820,195
Excise taxes	(19,801)	-	(19,801)	(6,850)
Change in net assets	(49,999)	4,041,413	3,991,414	813,345
Net assets, beginning of the year	530,353	27,762,428	28,292,781	27,479,436
Net assets, end of the year	\$ <u>480,354</u>	\$ <u>31,803,841</u>	\$ <u>32,284,195</u>	\$ <u>28,292,781</u>

#### **Grants From Inception (Excluding NNMHGG)** December 31, 2021



#### **OUR PEOPLE**

#### **Board of Trustees**

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Trish Ruiz, Hobbs

Vice-President

Nathan Padilla, Roswell

Treasurer

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Secretary

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Rick Tyner

Deborah Walker

**Outgoing 2021 BOT** Members

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Robert Phillips, Roswell

Carlos Romero, Albuquerque

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Secretary

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Beverly Allen, Carlsbad

Joaquin Arguello de Jesus,

Taos

Leigh Caswell, Albuquerque

Jim Coates, Glenwood

Yolanda Cruz, Las Vegas

Melanie Goodman, Mesilla

Sonlatsa Jim-Martin, Gallup

Robert Nelson, Albuquerque

Twila Rutter, Clovis

Susie Trujillo, Silver City

Helen Tso, Farmington

2021 Outgoing CAC Members

Patricia Collins, Hobbs

Wanda Ross Padilla, Santa Fe

#### **Northern New Mexico Health Grants Group 2021**

Chair

Joe Gutierrez

**Nelsy Dominguez** 

Sue Friar

**Shelley Morris** 

Outgoing 2021 NNMHGG Members

Wendy Schamaun

Teri Nixon

#### Staff

**Executive Director** 

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**Program Director** 

**Nelsy Dominguez** 

**Associate Director** 

Amy Donafrio

**Communications Consultant** 

Deborah Busemeyer

**Information Manager** 

Cecile LaBore

**Associate Program Officer** 

Dennis McCutcheon

CPA

Candace Hintenach

A heartfelt thank you to Dolores E. Roybal, Executive Director, for her 15 years of leadership. We congratulate her on her retirement in 2021.



#### **Memberships**

Council on Foundations

Funders for LGBTQ Issues

Grantmakers in Aging

Grantmakers in Health

**Groundworks New Mexico** 

Hispanics in Philanthropy

National Rural Health

Neighborhood Funders Group

New Mexico Asset Funders Network

U.S.-Mexico Border Philanthropy





The Heart & Soul of Health in New Mexico

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