

CON ALMA HEALTH FOUNDATION, INC.

2005 ANNUAL REPORT



CON ALMA
Health Foundation, Inc.

THE HEART AND SOUL OF HEALTH IN NEW MEXICO

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CON ALMA
Health Foundation, Inc.
A Tax Exempt Private Foundation

144 Park Avenue,
Santa Fe, NM 87501

TEL: 505.438.0776

FAX: 505.438.6223

www.conalma.org

“With gracious funding from Con Alma, REACH 2000 is able to provide dental services and preventive dental care education to children, regardless of the family’s ability to pay.”

– JANE BATSON, Board Chair, REACH 2000, Roswell

The mission of **Con Alma Health Foundation, Inc.** is to be aware of and respond to the health rights and needs of the culturally and demographically diverse peoples and communities of New Mexico. Con Alma seeks to improve the health status and access to health care services for all New Mexicans and advocate for a health policy that addresses the health needs of all New Mexicans. The Foundation makes grants, contributions, and program-related investments to fulfill this mission.



“For they are our children, the care that we provide them now will impact the future quality of health in New Mexico.”

– RAY BACA, *Con Alma Community Advisory Committee Member*



“We realize that if we don’t educate our children about bullying, abuse, and violence, cycles of these behaviors will continue. Con Alma has been a phenomenal partner in helping us achieve our mission.”

– AGNES MALDONADO, *Executive Director, New Mexico Coalition Against Domestic Violence, Statewide*

MESSAGE

On behalf of the Con Alma Health Foundation Board of Trustees, Community Advisory Committee, and the Staff we are pleased to present our 2005 Annual Report. During this year we awarded 24 Target Grants, 14 Small Project Grants and 3 Discretionary Grants totaling \$1,178,000. Since inception in 2001 we have awarded over \$3.5 million. The 2005 Target Grant award is the last year of a three-year grant cycle focused in the area of reducing youth risk behaviors. We believe that by working together with nearly 250 not-for-profit organizations across New Mexico we are breaking down barriers to health care access and building healthier communities in which everyone has a voice. Our grantees are the champions working on behalf of the uninsured and underinsured diverse populations of New Mexico.

This year has been one of Foundation growth; increasing our granting investments and bring on Deborah Boldt, MPA as Program Officer. The Con Alma Community Advisory Committee also provided excellent community and grantee outreach with over 30 site visits and four community public forums. These community forums provided an opportunity for citizens to share ideas to enhance existing health care and identify important health issues facing their communities.

Con Alma continues to focus our efforts on collaboration with health professionals, community, government, business leaders, and other foundations. We know that in order to improve the health status of all New Mexicans and to leverage resources, collaboration is critical to our success.

Through financial support and community engagement, the Con Alma Health Foundation is dedicated to the care, concern, and respect of the health needs of the diverse peoples of New Mexico. Thank you for your ongoing support and encouragement of this important work.

ERIC P. SERNA
Board President

ROBERT J. DESIDERIO
Executive Director

2005 MULTI-YEAR TARGET GRANTS

Abrazos Family Support Services, Sandoval County Family Support Program: Provide care to high-risk families with infants & pre-school children – BERNALILLO

Advocates for Children & Families, Intergenerational Training and Research: Train custodial grandparents dealing with at-risk behaviors of grandchildren – LAS CRUCES

Center of Protective Environment (COPE), Our Children Are Watching: Reduce the risk of family and relationship abuse in Otero and Lincoln Counties – ALAMOGORDO

Community Against Violence, Healthy Relationships Program: Implement a SECOND STEP program for 1,362 elementary school children – TAOS

Domestic Unity, General Operations Support: To provide intervention, referral and legal aid to families involved in domestic violence – RESERVE

The Gathering Place, Shima Yazhi (Little Mothers) Home Health Visiting Program: Provide in-home information, resources and support for new baby care – THOREAU

Gerard's House, A Safe Place for Grieving Children: Provide a safety net for children in crisis due to the death of a loved one – SANTA FE

Hidalgo Medical Services, Family Resiliency Project: Reduce youth risk behavior through early detection and a centralized referral system in Grant County – LORDSBURG

Jardin de los Niños, Family Team Training: Provide skilled services, supplies and training for replication to other homeless service providers – LAS CRUCES

National Indian Youth Leadership Project, Sacred Footprints Transition Program: Promote self identity and wellness and improve school performance using Navajo cultural teachings – GALLUP

New Mexico Coalition Against Domestic Violence, Puppets are Life Savers: Educate youth, ages 4-12 on domestic violence using dramatic play and puppets – ALBUQUERQUE

PB & J Family Services, Inc., Teletherapeutic Visits for Children of Prisoners: Enable children of incarcerated parents to visit using video-teleconferencing equipment – ALBUQUERQUE

Presbyterian Medical Services, Dental Health Outreach Initiative: Provide dental program to low-income and rural children – GRANT, LUNA, SIERRA & HIDALGO COUNTIES

REACH 2000, Smiles for the Future: Provide a preventive dental program for children – ROSWELL

Saint Elizabeth's Shelter, The Children of Homeless Program: Provide targeted, intensive and specialized services to 100 children of homeless families in Santa Fe – SANTA FE

Santa Fe Boys & Girls Club, SMART Girls (Skills Mastery and Resistance Training): Implement a pilot project for 225 high-risk girls, ages 8-10 for state-wide replication – SANTA FE & RIO ARRIBA

Service Organization for Youth, The SOY After School Program: Comprehensive services and activities to enhance the physical, emotional, and mental well-being of children – RATON

Western New Mexico University Foundation, WNMU Family Counseling Center: Support the establishment of a family counseling center and provide training in early childhood therapies – SILVER CITY

2005 NEW TARGET GRANTS

Colonias Development Council, Growing a Green Generation Training Initiative: Grow community gardens and encourage healthy food choices – LAS CRUCES

Las Cumbres Learning Service, Infant Mental Health Training Initiative: Build capacity among infant mental health providers – NORTHERN NEW MEXICO

National Dance Institute of New Mexico, Program Evaluation – Phase II: Conduct an evaluation of the physical and mental health benefits of NDI's methodology – STATEWIDE

New Mexico Voices for Children, Covering Kids and Families Statewide Coalition: Community collaboration to increase medical coverage among eligible children in New Mexico – STATEWIDE

REACH 2000, Meds for Kids/Chaves County Community Pharmacy Program: Provide free meds through the Medically Indigent Program & prevention education to families with children that meet Federal poverty guidelines – ROSWELL

University of New Mexico Foundation, Envision New Mexico, The Initiative for Child Healthcare Quality: Encourage pediatric healthcare providers to incorporate national prevention, detection and treatment guidelines for overweight children – STATEWIDE

GRANT GUIDELINES

POLICIES: Grant recommendations are made by the Con Alma Health Foundation Grantmaking Committee and are ratified by the Foundation's Board of Trustees.

FUNDING RESTRICTIONS: Grants are limited to qualified 501 (c)(3) nonprofit organizations serving the residents of the state of New Mexico. Grants are not made to individuals, for scholarships, or for bricks, mortar, or property.

AREAS OF INTEREST: Con Alma Health Foundation focuses broadly in the areas of health and human services with special emphasis

on culturally diverse, rural, and tribal communities. Con Alma gives priority consideration to proposals that demonstrate strong collaborative relationships, have multiple funding sources, have a plan for sustainability, and address systemic change rather than direct services.

SCHEDULES: Con Alma grant guidelines are distributed in late spring and proposals are due in early fall. For donations or additional grant information contact: Con Alma Health Foundation, Inc., 144 Park Avenue, Santa Fe, NM 87501, tel: 505.483.0776, fax: 505.438.6223, www.conalma.org.



“Health care solutions for young girls must be proactive and preventive to be effective. The SMART Girls program would not have been possible without the vision of Con Alma.”

– NAOMI WOODSPRING, Development Director,
Santa Fe Boys and Girls Club, Santa Fe and Rio Arriba Counties

2005 SMALL GRANTS

Ben Archer Health Center, *El Corazón de Mi Vida*: Provide child passenger safety training and distribute car seats – HATCH

Challenge New Mexico, *Therapeutic Horseback-Riding Program*: Provide therapeutic programs for children with disabilities – SANTA FE

Crisis Center of Northern New Mexico, *First Responder Training Program*: Educate health and law enforcement officials on domestic violence – RIO ARRIBA, LOS ALAMOS, & NORTHERN SANTA FE COUNTY

Evangelical Lutheran Church, *Health Care Security for New Mexicans*: Educate diverse communities about the New Mexico Health Care Plan – STATEWIDE

New Mexico Center on Law and Poverty, *New Mexico Indigent Care System*: Produce a comprehensive overview of indigent health care for policy-makers – STATEWIDE

New Mexico Community AIDS Partnership/Planet POZ, *AIDS Prevention Challenge Grant*: Support community-based organizations providing HIV/AIDS prevention & education – STATEWIDE

New Mexico Health Care Takes on Diabetes, *New Mexico Employer Partnership For Health Improvement*: Educate employers about diabetes and chronic disease prevention – ALBUQUERQUE

New Mexico Human Needs Coordinating Council, *Leadership Development of Rural Medicaid-Eligible and Uninsured Community Members*: Educate rural and grassroots groups on health policy and health care issues – TAOS, SANTA FE, GRANT, & HIDALGO COUNTIES

New Mexico Voices for Children, *Constituent Community Project For Rural Health Policy Outreach*: Provide health policy outreach to 6 rural areas – STATEWIDE

Otero Preventive Action Towards Health, *Movin' to the Radio*: Provide exercise and health information to homebound and elderly residents – ALAMOGORDO

Pecos Valley Medical Center, Inc., *School-Based Health Clinic*: Support a school-based health clinic providing thousands of teenagers with free health education and services – PECOS

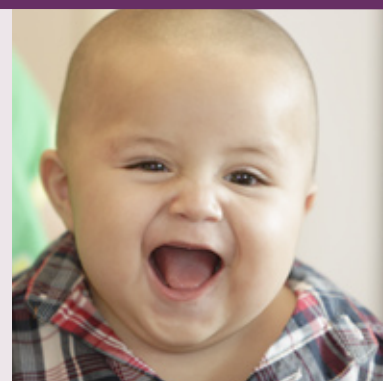
Santa Fe Partners in Education, *Cooking With Kids*: Provide school-based nutrition and cooking programs in Santa Fe Public Schools – SANTA FE

Southwest Creations Collaborative, *Salud Online Resource Manual*: Provide a health education and employment program for low-income women utilizing web-design training – ALBUQUERQUE

Southwestern College, *Caring Can Be Shared*: Provide home health care training for family caregivers – SANTA FE

“Without health, New Mexicans do not have a solid foundation from which to grow and thrive...Con Alma grantees are working everyday to ensure improved health across our state.”

– ROBERT DESIDERIO, *Con Alma Executive Director*



FINANCIAL INFORMATION

Statement of Activities for the year ending December 31, 2005 with comparative totals for December 31, 2004.

	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	2005 TOTAL	2004 TOTAL
REVENUES AND SUPPORT:					
Contributions	\$27,250	\$10,000	-	37,250	132,555
Special events, net	95,625	-	-	95,625	174,268
In-kind contributions	23,198	-	-	23,198	72,512
Investment income, net	-	2,538,290	-	2,538,290	2,906,773
Net assets released from restrictions	1,405,256	(1,405,256)	-	-	-
Total revenue and support	1,551,329	1,143,034	-	2,694,363	3,286,108
EXPENSES:					
Healthcare program	851,500	-	-	851,500	1,056,636
Administrative	273,393	-	-	273,393	244,503
Fund raising	28,040	-	-	28,040	14,246
NNMHGG	219,106	-	-	219,106	187,694
Total expenses before provision for excise tax	1,372,039	-	-	1,372,039	1,503,079
Excise tax	53,316	-	-	53,316	25,759
Total expenses and taxes	1,425,355	-	-	1,425,355	1,528,838
Change in Net Assets	125,974	1,143,034	-	1,269,008	1,757,270
Net Assets, Beginning of Year	693,316	23,334,083	3,500,000	27,527,399	25,770,129
Net Assets, End of Year	\$819,290	24,477,117	3,500,000	28,796,407	27,527,399